High Income Securities Fund Announces Monthly Distributions For Third Quarter of 2020

New York, July 2, 2020 – As previously announced, High Income Securities Fund, Inc. (NYSE: PCF) (the "Fund") intends to make monthly distributions at an annual rate of at least 10% per annum (or 0.8333% per month) as long as the Fund continues to be a registered investment company. The distributions for 2020 are based on the net asset value of \$9.74 of the Fund's common shares as of the last business day of 2019.

The monthly distribution schedule is as follows for the months of July, August, and September:

Month	Distribution	Record Date	Payable Date
July	\$0.082	July 17, 2020	July 31, 2020
August	\$0.082	August 14, 2020	August 31, 2020
September	\$0.082	September 21, 2020	September 30, 2020

To the extent that sufficient investment income is not available on a monthly basis, the distributions may include return of capital. No conclusions should be drawn about the Fund's investment performance from the amount of the distributions.

The Fund will issue a notice to stockholders that will provide an estimate of the composition of each distribution. For tax reporting purposes the actual composition of the total amount of distributions for each year will continue to be provided on a Form 1099-DIV issued after the end of the year.

CONTACT: U.S. Bank Global Fund Services - John Buckel (414) 765-4255